

## Approved Providers

### Marlene Bizub, Psy.D.

... has over 12 years experience working within the legal system assisting families with issues of conflicted divorce, parental alienation, and blended family concerns. Her practice specializes in working with parents who are experiencing high conflict divorce, children of divorce, and grief related issues.

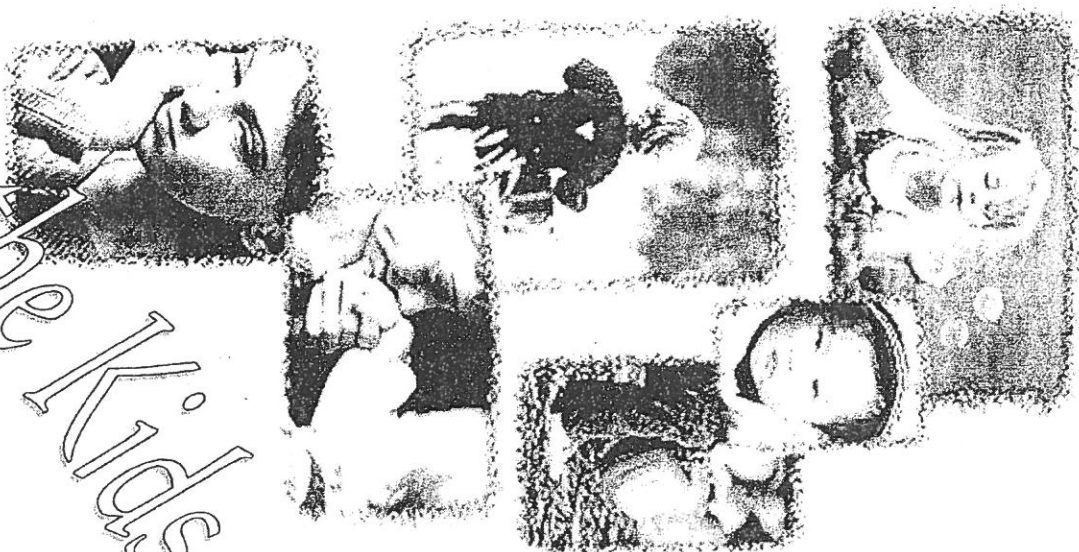
Telephone: (719) 622-0844

### Janet Jones, MA, LPC

... has worked in Colorado Springs for 15 years as a Psychotherapist, a CASA, CFI, & Parent Coordinator. She is also Co-Director of the Family Nurturing Center of CO, which provides various family education programs including the Nurturing Parenting Program and the Smart Steps program for blended families.

Telephone: (719) 533-1088

*For the Kids Workshop*



# For the Kids

A Co Parenting Workshop

No one would disagree that divorce is one of the most stressful life events a person might go through in their lifetime. It is uncharted territory with unfamiliar emotional and legal rollercoaster rides. And, when there are children involved the perceived threats can be even more horrifying than imagined. Parents often do not know where to turn for help in understanding what is happening to them and to their children, or with the other parent.

## For the Kids Workshop

...is an 8 hour Court approved educational workshop where participants can

- learn new skills to manage the conflict with the other parent,
- discover new ways of how to put their children first,
- learn how to shield the children from the negative dynamic between themselves and the other parent,
- learn how to develop an interaction with the other parent that is focused solely on co-parenting.

The class covers the following:

- Review of the Judicial Standard Order to Parents.
- Understanding the Court process and the professional resources available to help you.
- Impact of divorce conflict on children at various ages and what you can do to help.
- Communication and assertiveness in difficult relationships.
- Parenting styles & structure after divorce.
- Common divorce pitfalls.
- What is Parental Alienation? Am I doing it? How do I respond to it if the other parent does these things?
- Common Parenting Plan ideas.

Who should attend:

If you or someone you know

...is having ongoing difficulty and conflict with their ex-spouse in regards to the care of the children,  
...keeps returning to court to address issues with the other parent,  
...is fighting in front of the children about the children or other issues in the divorce,  
then attending this workshop will offer them insight into how this affects the children and ways to resolve the conflicts.

To register for the Workshop, please contact one of our approved providers.

The size of the workshop is limited to 20 individuals.

A certificate of completion will be provided to the participant upon completion, that they must file with the court.